

Practical Ideas to help at Home

- Reward charts
- Talking to your child about how they are feeling
- Mood boards / emotion cards
- Feelings diary
- Worksheets to deal with anger management
- Time out area / safe, calm area
- Visual routines
- Maintain consistency and boundaries

All of the resources
mentioned above are
available from the
school... just come in and
ask...

CONTACT:

Kirsty Hargreaves (Inclusion Support)

Website: www.queensmeadacademy.org – click on 'parents tab/School Nurse and family support'

Telephone: 01162858518 to make an appointment or drop in at the office.



QUEENSMEAD PRIMARY ACADEMY

Inclusion Support 2025-2026

Part of the Greenwood Academies Trust group of Academies





Worried about your child?



Concerned or scared?



Family conflict or relationship issues?




Need support or help with something?

We have a highly trained, specialist member of staff who can offer a wide range of Inclusion Support. This is a free, confidential and supportive service offered by the school to help you and your family with a range of issues.

What is Inclusion Support?

- Support from the school to help deal with any worries and concerns
- Help to engage families with their child's learning and support the school's ethos and values
- Helpful advice and useful contacts outside of the school
- Resources, ideas and information
- Behaviour advice
- Activities after school to encourage family interaction
 - Themed every month... previous activities include pumpkin carving, arts & crafts, talent shows, Easter trails and more...
- Behaviour management
- One to one support
- Parenting support
- Email contact & online support
- Drop in sessions to discuss concerns
- Help with family conflict or relationships issues
- Or just a chance to talk to someone



Anything discussed will remain confidential and not discussed outside of the school unless the parents request it....