

# **Personal, Social and Health Education and Citizenship and Social and Emotional Aspects of Learning Policy (PSHE + SEAL)**



## **QUEENSMEAD PRIMARY ACADEMY**

### Introduction:

At Queensmead Primary Academy we aim to provide our children with a well thought out and planned education in a safe, happy and caring environment. We want our children to feel valued, to gain confidence and self-esteem, to be aware of moral issues and to develop respect, tolerance and care for all in the local and wider community.

PSHCE and SEAL at Queensmead aims to create a whole school ethos of the highest standards of behaviour, personal relationships, respect and attitudes as well as an awareness of healthy living. It involves not only teachers, pupils and parents, but the whole school and wider community, the quality of the inside and outside environment and the quality of the taught and hidden curriculum. We believe in creating positive attitudes in our children by educating them in an atmosphere of positivity and mutual respect.

We wish to influence the behaviour of the children in our school so that they develop skills and attitudes which will benefit them at present and in the future. PSHCE and SEAL deals with the whole child and relationships which he or she has both currently and in the future. Although the child is influenced by the home environment, it is our role to support and promote good attitudes, practises and understanding conducive to good health.

## Subject Definition:

***PSHCE and citizenship help to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens.***

***SEAL aims to give pupils the skills, attitude and awareness of their own emotional and social learning in order to create, develop and maintain relationships with others. It is about pupils having a level of Emotional Intelligence, understanding their feelings and that of others.***

## Our aims within PSHCE and SEAL:



### ***Individual Aims***

- ❖ To encourage a respect for others and oneself
- ❖ To work towards a strong positive self image which relates to the society in which we live
- ❖ To develop skills which help the child to interact and communicate with others
- ❖ To encourage children to work as part of a team and to take on responsibility
- ❖ To develop critical thinking decision making and logical thinking from a basis of information and to have confidence in making informed decisions
- ❖ To have the ability to express views confidently, stand up for beliefs and say no when necessary
- ❖ To cope with peer pressure
- ❖ To develop the ability to empathise with others morally and rationally
- ❖ To cope with change
- ❖ To be self-reliant, self-motivated and self-disciplined
- ❖ To make and sustain good relationships
- ❖ To learn how to understand and cope with feelings
- ❖ To learn to develop and sustain a healthy lifestyle
- ❖ To be safe

### Teaching Objectives:

The National Curriculum seeks to teach PSHE and Citizenship through 3 strands of knowledge, skills and attitudes. Through both key stages the areas for study are:

- a) Developing confidence and responsibility and making the most of their abilities.
- b) Preparing to play an active role as citizens
- c) Developing a healthy lifestyle
- d) Developing good relationships and respecting the differences between people.

Our teaching follows the Cambridgeshire PSHE scheme of work which reflects the above standards. We adopted this in Spring 2011.

### Curriculum Organisation:

The scheme of work at our school breaks the curriculum into terms, identifies different areas for each year group and ensures continuity and progression between Foundation, Key Stage 1 and 2. The topic areas are: Emotions, Risks and Change, Me and My Relationships, Citizenship, World of Drugs, Keeping Safe and Growing and Changing. These elements are covered on a rotation basis in the same way other subjects are taught throughout the school. SEAL is also programmed into a 2 yearly cycle so that all of the seven themes are taught over a 2 year period. All of the year groups in school cover the same SEAL theme at the same time allowing for whole-school approaches to learning including assemblies, display work which has been contributed to by all of the pupils and themed days or weeks.

PSHE and citizenship as well as SEAL is taught as a timetabled subject, but it is also addressed on a daily basis as questions and incidents arise. All members of school staff are expected to be involved in these situations and are supported in this.

The midday supervisor team have received some training in using the SEAL materials to support their work on their playground in dealing with issues and disagreements. This includes the use of the 'Peaceful Problem Solving Process' and 'Calming down' strategies.

The team of FAB Mentors and Play Leaders also engage in problem solving on the playground and are engaged in Peer mediation training.

An integral part of our PSHE programme focuses on aspects of staying safe using the materials published by the child protection service. This subject area is covered each summer term throughout the school.

All children attend Assembly/Collective Worship on a daily basis which is led by members of staff and visitors from the local community. Other enrichment activities include classroom codes, school council meetings, visits from the Life Education Centre, residential visits in Key Stage 2 and educational visits and extra curricular activities throughout the school.

PSHCE objectives are also met through other cross curricular work such as; Science, RE, Literacy, History and Geography.

#### Recognising Achievement:

We enjoy celebrating individual achievements and recognising successes of our children. Each Friday we hold a celebration assembly where children are encouraged to share successes from outside the school environment, as well as achievements within school such as house point certificates, attendance and tidiness awards, Accelerated Reading awards and significant achievements.

On 10 separate occasions during the year, children from each class are selected to receive a Whole School Honours Award. These awards are presented in a special assembly where children are awarded a certificate.

During the year, at least one of these awards are presented for pupils contribution to SEAL lessons and for showing a kind and caring nature. During assembly, children are also awarded merit certificates for examples of good work and behaviour; this is part of a weekly cycle. Within classrooms individual rewards systems including the use of Golden Time are used as a means of positive reinforcement.

#### Pupil Voice:

At Queensmead Primary Academy we pride ourselves on providing a variety of opportunities for pupils to comment constructively and to make suggestions regarding a variety of school based issues.

The school council meets in a regularly every two weeks. The Year 6 school council reps are elected as Chairs and organise the running of the meetings, including writing agendas and following up on

discussions. This provides a forum for staff to feed back to children on developments happening in and around school but also for children to feed back opinions from their peers. Time is set aside when necessary for council representatives to discuss issues with their class as a chair person.

The school council have also introduced a 'suggestion box' in the main reception area where they pose a question to the pupils on which they are able to offer their own ideas, opinions and suggestions.

Circle time within classrooms also plays a part in ensuring we listen to our children. Individual teachers use circle time as part of PSHCE and SEAL lessons as well as an additional tool for discussing classroom issues and solving problems.

### Health Promoting Schools:

All members of the school community play a role to ensure that we are a Healthy School, and we are continuously striving to progress as a school which places value on all areas of health for all members of the school community including staff.

### Resources:

Resources to support PSHCE have been selected to link in with the Cambridgeshire scheme of work which we use to support our learning programmes. This area of the curriculum is supported by a variety of teacher resources and fiction texts as recommended in Resource list 1 and 2 of the scheme of work. This list is constantly being updated and reassessed using the PSHCE budget.

### Equal Opportunities:

All children have an entitlement to access the PSHCE and SEAL curriculum. All children will have access to appropriate resources available in school, which will reflect a multicultural society, without stereo-typing or discrimination. All children will be given the opportunity to participate in all activities, regardless of gender, race or disability.

#### Time allocation:

PSHCE or SEAL is timetabled to at least 30 minutes direct teaching per week throughout the school (although this can be blocked into mini themes with short sessions each week to reinforce). In addition to this, teachers are encouraged to hold circle times whenever issues need addressing.

#### Assessment, Reporting and Recording:

Assessment is an integral part of teaching and learning. Its purpose is to highlight success and achievement as well as identify areas of weakness, which can be used to inform the planning of future work. Summative and formative records are completed in accordance with the school assessment policy, and will reflect the child's development and achievements in relation to the objectives of the PSHCE and SEAL curriculum relevant to their year.

#### Review and Monitoring:

The effectiveness and the implementation of this policy will be monitored by the Headteacher and the PSHCE Leader of Learning. Certain aspects of the curriculum and their implementation will be regularly reviewed by the Headteacher, PSHCE Leader of Learning and the staff and if appropriate, Parents and Governors will be consulted. New initiatives will similarly be reviewed and implemented when appropriate.

#### Professional Development:

PSHCE and SEAL is an area of school life which is constantly evolving. The school is committed to providing support and development opportunities for staff.

#### Links:

For further information regarding issues which lie within the PSHCE curriculum please consult our other policies on; Behaviour, Equal Opportunities, SRE, Drugs and Tobacco awareness, Healthy Eating, SMSC and Anti-Bullying.