## Practical Ideas to help at Home

- Reward charts
- Talking to your child about how they are feeling
- Mood boards / emotion cards
- Feelings diary
- Worksheets to deal with anger management
- Time out area / safe, calm area
- Visual routines
- Maintain consistency and boundaries



# QUEENSMEAD PRIMARY ACADEMY

**Inclusion Support** 

2023-2024

### CONTACT:

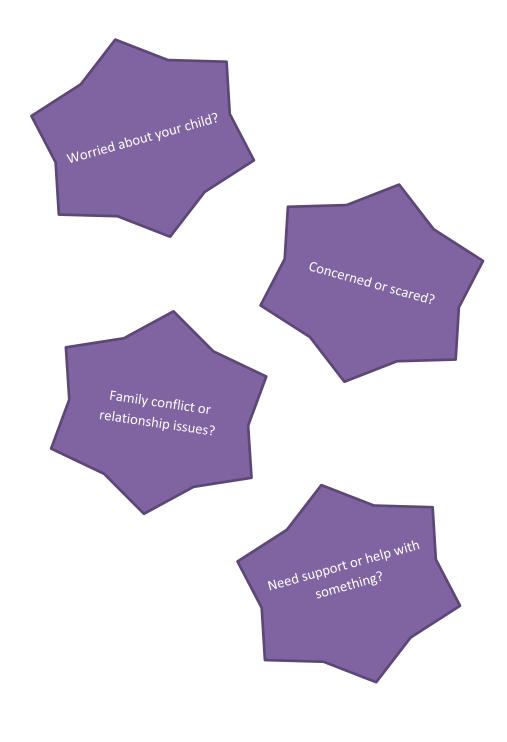
### Kirsty Hargreaves (Inclusion Support)

**Website**: www.queensmeadacademy.org – click on 'parent tab/School Nurse and family support'

Telephone: 01162858518 to make an appointment or drop in at the office.

Part of the Greenwood Academies Trust group of Academies





# What is Inclusion Support?

- Support from the school to help deal with any worries and concerns
- Help to engage families with their child's learning and support the school's ethos and values
- Helpful advice and useful contacts outside of the school
- Resources, ideas and information
- Behaviour advice
- Activities after school to encourage family interaction Themed every month... previous activities include pumpkin carving, arts & crafts, talent shows, Easter trails and more...
- Behaviour management
- One to one support
- Parenting support
- Email contact & online support
- Drop in sessions to discuss concerns
- Help with family conflict or relationships issues
- Or just a chance to talk to someone

