

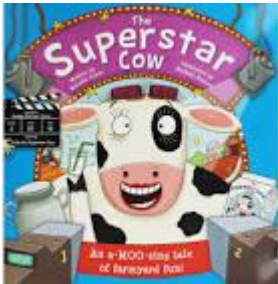


# Queensmead Quests

Challenges for Julia Donaldson and Sue Hendra classes to complete during week commencing 8th June 2020

## Superstar Cow by Melanie Joyce

**Watch Mrs Coulton read the story Superstar Cow on FlipGrid.**



Tell a grown up what happens in the story. Did you think it was funny story? Who were the characters? How did the story end? What other stories do you know about farms?

Milk is very good for you and it is used in lots of things.

**Find out all about milk!**

What animals can you get milk from? What sort of milk can you get? What do you and your family use milk for at home? What else can milk be used for?

A grown up could video you telling Superted and Supergruffalo why they should drink lots of milk!



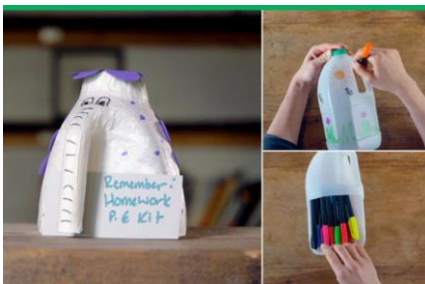
**Make a fruit smoothie**

- Mash up your 50g of strawberries, blueberries or raspberries.
  - Mash up one banana and mix with berries.
  - Add 200ml of milk and mix well or blend in a blender.
  - Pour into 2 glasses and enjoy!!
- Yum yum!

For more healthy recipes and ideas on keeping active visit <https://www.nhs.uk/change4life>



**Make something from a plastic milk carton!** Make sure you clean it out first and an adult will need to be with you if you are cutting the bottle.



(You could also keep the caps from the milk bottles and use them as counters.)

**Watch Singing Hands singing and signing 'Old MacDonald had a farm'**

<https://www.youtube.com/watch?v=yJvEwjK0ISQ>



Learn the words and some of the Makaton actions. You could then teach someone the Makaton signs that you know. What other songs do you know about farm animals?

The Superstar Cow lived on a farm with lots of other animals. **Draw a picture of some animals you might find on a farm.** You could draw speech bubbles and write what you think the animals might be saying to each other.



Would you see a tiger or a lion on a farm? What about a shark? Why not?