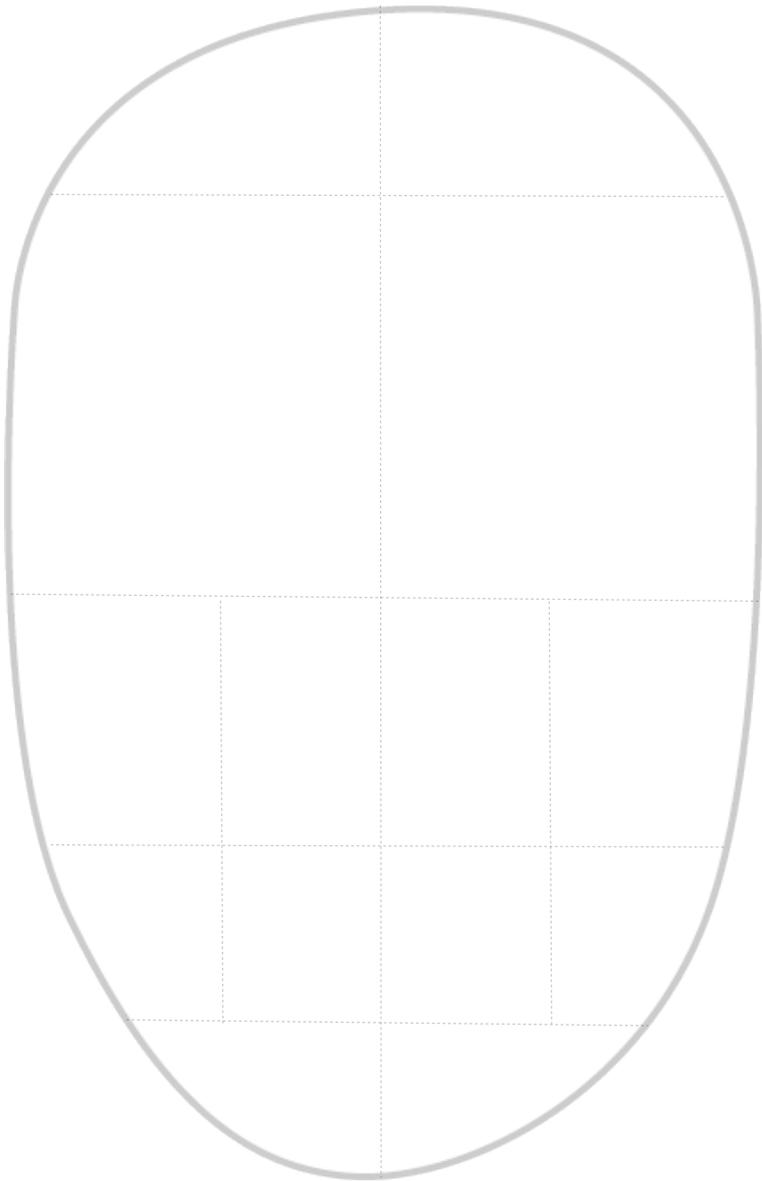


Name: _____ Date: _____

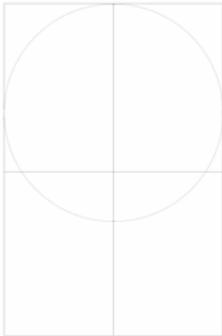


Use the guidelines and the Reference Sheet to sketch a proportional self portrait.

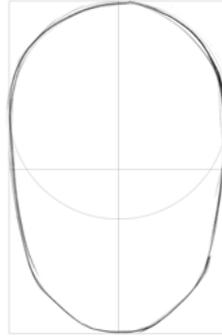




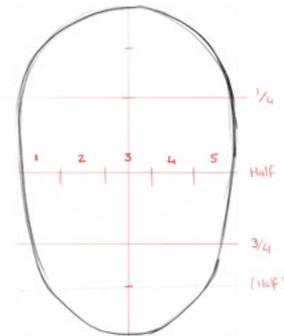
Use this guide to help you draw a proportional self portrait



1. Draw a rectangle and split it into quarters and sketch a circle.

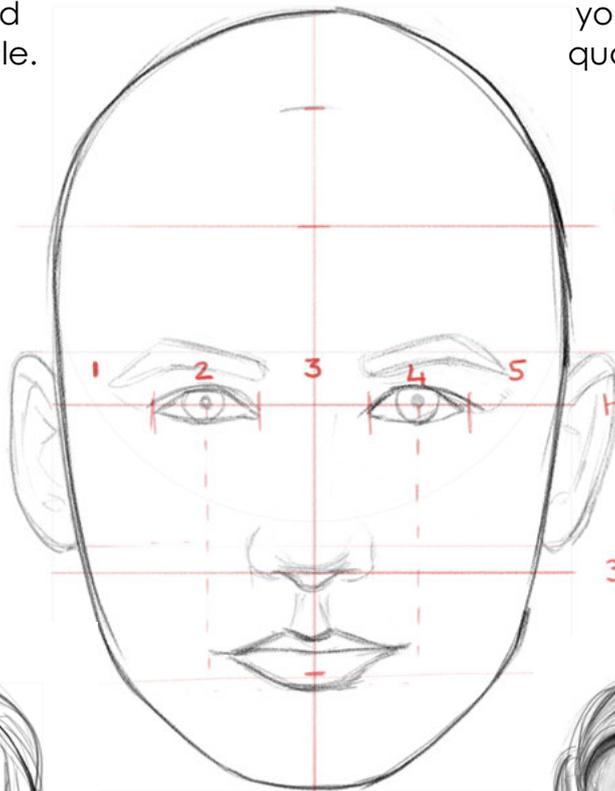


2. Draw your face shape.



3. Sketching lightly, add in guidelines by splitting your face shape in to quarters vertically and fifths horizontally

4. Add in the features. Take your time and remember they don't have to be exactly the same!

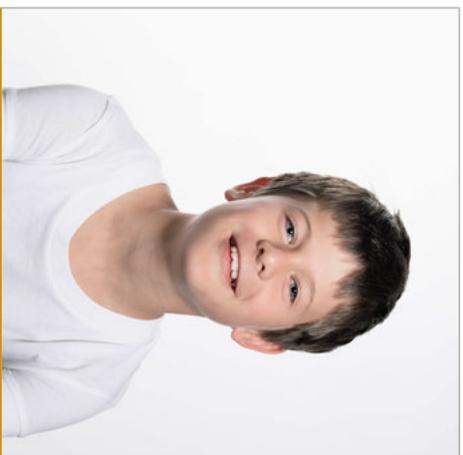


Handy Tip:
The tops of your ears are level with your eyebrows. They go all the way down to be level with the bottom of your nose!

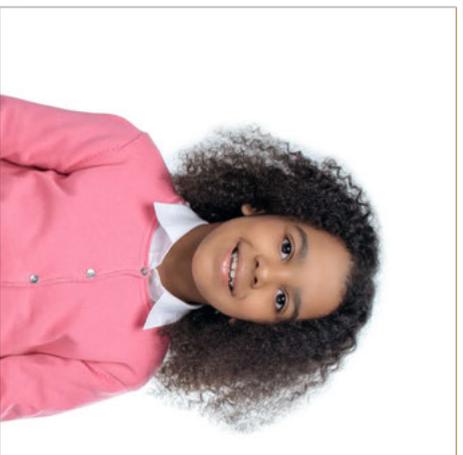


5. Rub out your guidelines and add in hair. Finish off any detail in your portrait. Do you have any unique features to add?





I've just won first place in my school's poetry competition for my poem about my cat Mittens. I had to perform it in front of the whole school which I love doing!



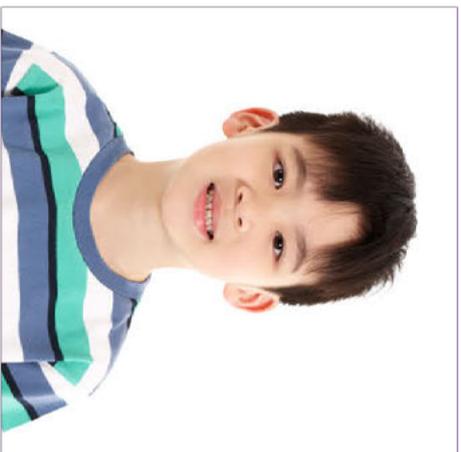
It's my birthday and I have all my friends and family round to celebrate. I had my favourite food: ham and cheese sandwiches. I also got the bike I really wanted from my parents.



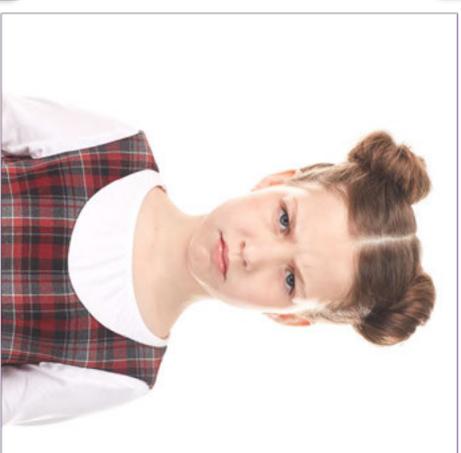
I've lost my favourite toy. It was a soft toy rabbit which I've had since I was very little. I think I lost it when I was at the park.



It's my first day in a new school. I'm excited to meet some new friends but I'm also very nervous about my teacher.



I fell out with my friends today after we couldn't decide what to play. I feel really guilty about the way I treated them and I want to be friends again.



I'm trying to learn a new skill for my sports team. I'm finding it really difficult and I'm frustrated because all my friends already know how to do it.



Think of a moment in your life that you would like to present like Frida Kahlo. Have you ever won a prize you were proud of? Is there a favourite memory you have or a time you felt really happy? Choose one of these Challenge Cards to present your chosen memory.

Present your memory by

Painting a picture



Think about the colours or objects you might like to use to show how you were feeling in this memory. As an extra challenge, can you write a caption or a title for your picture to help describe it?

Present your memory by

Writing a song



If you're feeling creative you can create your own song, but you might like to change the words to a song you already know. As an extra challenge can you make your song rhyme?

Present your memory by

Writing a poem



Your poem does not have to rhyme but can be an acrostic poem if you wish. As an extra challenge your poem should include lots of fantastic adjectives or similes to help describe the memory you have chosen.



Think of a moment in your life that you would like to present like Frida Kahlo. Have you ever won a prize you were proud of? Is there a favourite memory you have or a time you felt really happy? Choose one of these Challenge Cards to present your chosen memory.

Present your memory by

Create a dance



Create an individual dance to show the story of your memory. Think about the space around you and how you can use it. Will you have any props?

Present your memory by

Creating a short role-play



Create a short role-play with a partner to act out your memory. Make sure you practise the movements and what each character will say. It may be helpful to write a script to help you. Will you use any props?

Present your memory by

Drawing a story board

		
.....
.....

Illustrate around six pictures to tell the story of your memory. Include a sentence for each picture to tell the story. As an extra challenge can you include speech or thought bubbles in your storyboard?