

# Greenwood Academies Trust Primary Menu

Monday Week 1	Tuesday Week 1	Wednesday Week 1	Thursday Week 1	Friday Week 1
<b>Main Meal Choice</b>				
Chicken Tikka Masala R00143 ½ Steamed Vegetable Rice R00274 & ½ Naan Bread R00331	Pasta in a Minced Beef Bolognese Sauce R00038 Crusty Bread R00550 Mixed Salad R00328	Roast Turkey R00121 Sage & Onion Stuffing R00522 Roast Potatoes R00114 Green Cabbage R00097 Carrots R00085 Turkey Gravy R00440	Sausage Roll R00389 Creamed Potatoes R00100 Garden Peas R00092 Meat Gravy R00569	Cod Fish Fingers R00391 Jacket Wedges R00114 Baked Beans R00091
<b>Vegetarian Choice</b>				
(V) Quorn Tikka Masala R00546 ½ Steamed Vegetable Rice R00274 & ½ Naan Bread R00331	(V) Pasta with Bolognese Sauce R00135 Crusty Bread R00550 Mixed Salad R00328	(V) Roast Quorn Fillet R00437 Sage & Onion Stuffing R00522 Roast Potatoes R00114 Green Cabbage R00097 Carrots R00085 Vegetarian Gravy R00404	(V) Vegetarian Sausage Roll R00292 Creamed Potatoes R00100 Garden Peas R00092 Vegetarian Gravy R00404	(V) Vegetable Burger R00105 Jacket Wedges R00114 Baked Beans R00091
All Meals are served with either a mixed salad or a selection of daily vegetables.				
Jacket Potato with Cheese (V) R00554	Jacket Potato With Tuna Mayonnaise R00201 Or Baked Beans R00091	Jacket Potato Chicken Mayonnaise R00555	Jacket Potato Coleslaw or Baked Beans (V) R00652      R00091	Jacket Potato Cheese (V) R00554
A selection of sandwiches with various fillings is available daily. Please see separate sandwich menu for <b>Allergen</b> information.				
<b>Dessert Choice</b>	<b>Dessert Choice</b>	<b>Dessert Choice</b>	<b>Dessert Choice</b>	<b>Dessert Choice</b>
Ice cream roll R00557	Chocolate Cake with Chocolate Frosting R00630	Gingerbread Shape R00590	Apple Flapjack R00024	Fresh Fruit Salad
<b>A selection of Yoghurt, Fresh Fruit and Bread is available on a daily basis.</b>				
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet. <b>All menu items are subject to availability.</b>				
<b>Allergen Information</b>				
If you have a question about the allergen content of any menu item, please ask a member of staff to show you the recipe (Recipe Reference e.g. R00062) or a Chef Recipe Card for that item.				