

Greenwood Academies Trust Primary Menu

Monday Week 3	Tuesday Week 3	Wednesday Week 3	Thursday Week 3	Friday Week 3
Main Meal Choice				
Minced Beef Lasagne R00127 Garlic Bread R00536 Mixed Salad R00328	Haddock Fish Pie R00050 Peas & Sweet corn R00103	Roast pork R00264 Roast Potatoes R00114 Carrots R00085 Cauliflower R00330 Chicken Gravy R00473	Ham & Tomato Baguette Pizza R00628 Mixed Salad R00328 Coleslaw R00106	Fish Fillet Squares R00650 Jacket Wedges R00114 Baked Beans R00091
Vegetarian Choice				
(V) Vegetable Lasagne R00051 Garlic Bread R00536 Mixed Salad R00328	(V) Cheese & Onion Quiche R00427 New Potatoes R00525 Peas & Sweet corn R00103	(V) Roast Quorn Fillet R00437 Roast Potatoes R00114 Carrots R00085 Cauliflower R00330 Vegetarian Gravy R00404	(V) Cheese & Tomato Baguette Pizza R00070 Mixed Salad R00328 Coleslaw R00106	(V) Vegetable Fingers R00609 Jacket Wedges R00114 Baked Beans R00091
All Meals are served with either a mixed salad or a selection of daily vegetables.				
Jacket Potato with Cheese (V) R00554	Jacket Potato With tuna Mayonnaise R00201 Or Baked Beans (V) R00091	Jacket Potato Chicken Mayonnaise or Cheese R00555 R00554	Jacket Potato Coleslaw or Baked Beans (V) R00652 R00091	Jacket Potato Cheese (V) R00554
A selection of sandwiches with various fillings is available daily. Please see separate sandwich menu for Allergen information.				
Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice
Frozen yoghurts R00118	Bakewell Tart & Custard R00002 & R00140	Apple crumble slice R00069	Chocolate Sponge & Chocolate Sauce R00325	(V) Fruit Jelly Sundae R00635
A selection of Yoghurt, Fresh Fruit and Bread is available on a daily basis.				
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet. All menu items are subject to availability.				
Allergen Information				
If you have a question about the allergen content of any menu item, please ask a member of staff to show you the recipe (Recipe Reference e.g. R00062) or a Chef Recipe Card for that item.				

