

Winter Menu					
Cycle 2 Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Lunch Option					
Main Option 1	Beef Meatballs in Tomato & Basil Sauce with Pasta Shapes, Garlic Bread & Salad	Mild Chicken Curry with ½ Vegetable Rice & ½ Naan Bread	Roast Beef with Roast Potatoes, Yorkshire Pudding, Broccoli, Cauliflower, Carrots & Gravy	Cheese and Tomato Turnover with Baked Beans & Jacket Wedges	Fish Fillet Fingers with Mashed Potatoes, Peas & Sweetcorn
Main Option 2	Quorn Meatballs in Tomato & Basil Sauce with Pasta Shapes, Garlic Bread & Salad	Vegetable Chilli with Vegetable Rice & Crusty Bread	Quorn Vegan Sausage with Roast Potatoes, Broccoli, Cauliflower, Carrots & Gravy	Sweet Potato & Chickpea Curry with Vegetable Rice	Vegetable Fingers with Mashed Potatoes, Peas & Sweetcorn
Sandwich Option 1	Tuna Mayonnaise with Side Salad	Ham with Side Salad	Chicken with Side Salad	Tuna Mayonnaise with Side Salad	Ham with Side Salad
Sandwich Option 2	Cheese with Side Salad	Egg Mayonnaise with Side Salad	Cheese with Side Salad	Dairylea with Side Salad	Cheese with Side Salad
Jacket Potato & Filling	Cheese	Baked Beans	Tuna Mayonnaise	Cheese	Cheese & Baked Beans
Bread with no added fat or oil will be available every day.					
Dessert Option					
Dessert	Gingerbread Biscuit with Flavoured Milk	Raspberry & Vanilla Ice Cream Roll	Fruit Muffin	Apple Sponge with Custard	Chocolate Crunch with Chocolate Sauce
Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection
Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection
Cheese & Biscuits	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins

Winter Menu					
Cycle 2 Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Lunch Option					
Main Option 1	Sausage Roll with Mashed Potatoes & Baked Beans	Minced Beef Lasagne with Broccoli, Cauliflower & Carrot Mix	Roast Pork with Apple Sauce, Roast Potatoes, Cabbage, Carrots & Gravy	Chicken & Pepper Pasta in Tomato Sauce with Garlic Bread	Salmon and Sweet Potato Fishcake with Jacket Wedges, Garden Peas & Sweetcorn
Main Option 2	Vegan Sausage Roll with Mashed Potatoes & Baked Beans	Vegetable Lasagne with Broccoli, Cauliflower & Carrot Mix	Vegetable Crumble with Roast Potatoes, Cabbage, Carrots & Gravy	Red Lentil & Pepper Pasta in Tomato Sauce with Garlic Bread	Quorn Dippers with Jacket Wedges, Garden Peas & Sweetcorn
Sandwich Option 1	Tuna Mayonnaise with Side Salad	Ham with Side Salad	Chicken with Side Salad	Tuna Mayonnaise with Side Salad	Ham with Side Salad
Sandwich Option 2	Cheese with Side Salad	Egg Mayonnaise with Side Salad	Cheese with Side Salad	Dairylea with Side Salad	Cheese with Side Salad
Jacket Potato & Filling	Cheese	Baked Beans	Tuna Mayonnaise	Cheese	Cheese & Baked Beans
Bread with no added fat or oil will be available every day.					
Dessert Option					
Dessert	Blueberry Muffin	Apple Crumble with Custard	Strawberry Jelly	Vanilla Sponge with Custard	Chocolate Fudge Pudding
Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection
Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection
Cheese & Biscuits	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins

Winter Menu					
Cycle 2 Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Lunch Option					
Main Option1	Chicken Goujon Wrap with Corn on the Cob & Mixed Salad	Spaghetti Bolognese with Garlic Bread	Roast Turkey with Roast Potatoes, Broccoli, Carrots & Gravy	Ham and Cheese Pizza with Jacket Wedges & Baked Beans	Fish Cake with Diced Potatoes & Garden Peas
Main Option 2	Veg Nugget Wrap with Corn on the Cob & Mixed Salad	Vegan Mince Bolognese with Garlic Bread	Vegan Quorn Fillet with Roast Potatoes, Broccoli, Carrots & Gravy	Cheese and Tomato Pizza with Jacket Wedges & Baked Beans	Vegan Vegetable Burger with Diced Potatoes & Garden Peas
Sandwich Option 1	Tuna Mayonnaise with Side Salad	Ham with Side Salad	Chicken with Side Salad	Tuna Mayonnaise with Side Salad	Ham with Side Salad
Sandwich Option 2	Cheese with Side Salad	Egg Mayonnaise with Side Salad	Cheese with Side Salad	Dairyless with Side Salad	Cheese with Side Salad
Jacket Potato & Filling	Cheese	Baked Beans	Tuna Mayonnaise	Cheese	Cheese & Baked Beans
Bread with no added fat or oil will be available every day.					
Dessert Option					
Dessert	Oat and Raisin Cookie with Flavoured Milk	Syrup Sponge with Custard	Chocolate & Pear Muffin	Peaches & Cream	Jam Sponge with Custard
Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection
Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection
Cheese & Biscuits	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins	Cheese with Biscuits & Raisins