

Weekly Menu: Regular Menu Cycle 3 Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Main	Main	Main	Main	Main
Pork Sausage, Mashed Potatoes, Sweetcorn & Gravy	Beef Bolognese, W/w Pasta, Salad & Garlic Bread	Roast Chicken, Roast Potatoes, Broccoli Mix, Gravy	Cheese & Onion Whirls, Jacket Wedges, Baked Beans	Bubble Crumb Fish, Diced Potatoes & Garden Peas
Veg Sausage, Mashed Potatoes, Sweetcorn & Gravy	Vegan Bolognese, W/w Pasta, Salad & Garlic Bread	Roast Quorn, Roast Potatoes, Broccoli Mix & Gravy	Vegetable Chilli with Vegetable Rice & Mixed Salad	Lentil & Tomato Pasta & Crusty Bread & Mixed Salad
Jacket Potato with Cheese and Side Salad	Egg Mayonnaise Sandwich with Side Salad	Jacket Potato with Tuna Mayonnaise and Side Salad	Jacket Potato with Cheese and Side Salad	Jacket Potato with Cheese, Beans and Side Salad
Cheese Sandwich & Side Salad	Ham Sandwich & Side Salad	Cheese Sandwich & Side Salad	Egg Mayonnaise Sandwich with Side Salad	Ham Sandwich & Side Salad
Tuna Mayonnaise Sandwich with Side Salad	Jacket Potato with Baked Beans and Side Salad	Chicken Sandwich with Side Salad	Dairylea Sandwich with Side Salad	Cheese Sandwich & Side Salad
Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home
Dessert	Dessert	Dessert	Dessert	Dessert
Homemade Gingerbread Biscuit	Fruit Muffin	Fresh Fruit Salad & Ice cream	Chocolate Brownie	Organic Fruity Ice Lolly
Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection
Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection
Cheese with Biscuits and Raisins	Cheese with Biscuits and Raisins	Cheese with Biscuits and Raisins	Cheese with Biscuits and Raisins	Cheese with Biscuits and Raisins
No Dessert, Thank you	No Dessert, Thank you	No Dessert, Thank you	No Dessert, Thank you	No Dessert, Thank you
Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home

Allergens

Pork Sausage, Mashed Potatoes, Sweetcorn & Gravy: **Cereals containing gluten, Sulphur Dioxide**; Veg Sausage, Mashed Potatoes, Sweetcorn & Gravy: **Soya**; Jacket Potato with Cheese and Side Salad: **Milk**; Cheese Sandwich & Side Salad: **Cereals containing gluten, Milk, Soya**; Tuna Mayonnaise Sandwich with Side Salad: **Cereals containing gluten, Eggs, Fish, Soya**; Packed Lunch From Home: **No allergens**; Homemade Gingerbread Biscuit: **Cereals containing gluten, Soya**; Yoghurt Selection: **Milk**; Cheese with Biscuits and Raisins: **Cereals containing gluten, Milk**; No Dessert, Thank

you: **No allergens**; Beef Bolognese, W/w Pasta, Salad & Garlic Bread: **Cereals containing gluten, Milk, Mustard, Soya**; Vegan Bolognese, W/w Pasta, Salad & Garlic Bread: **Cereals containing gluten, Milk, Mustard, Soya**; Egg Mayonnaise Sandwich with Side Salad: **Cereals containing gluten, Eggs, Soya**; Ham Sandwich & Side Salad: **Cereals containing gluten, Soya**; Jacket Potato with Baked Beans and Side Salad: **No allergens**; Fruit Muffin: **Cereals containing gluten, Eggs, Soya**; Roast Chicken, Roast Potatoes, Broccoli Mix, Gravy: **No allergens**; Roast Quorn, Roast Potatoes, Broccoli Mix & Gravy: **Cereals containing gluten**; Jacket Potato with Tuna Mayonnaise and Side Salad: **Eggs, Fish**; Chicken Sandwich with Side Salad: **Cereals containing gluten, Soya**; Fresh Fruit Salad & Ice cream: **Milk**; Cheese & Onion Whirls, Jacket Wedges, Baked Beans: **Cereals containing gluten, Lupin, Milk, Mustard, Soya**; Vegetable Chilli with Vegetable Rice & Mixed Salad: **No allergens**; Dairylea Sandwich with Side Salad: **Cereals containing gluten, Milk, Soya**; Chocolate Brownie: **Cereals containing gluten, Eggs, Soya**; Bubble Crumb Fish, Diced Potatoes & Garden Peas: **Fish**; Lentil & Tomato Pasta & Crusty Bread & Mixed Salad: **Cereals containing gluten, Sesame seeds**; Jacket Potato with Cheese, Beans and Side Salad: **Milk**; Organic Fruity Ice Lolly: **No allergens**