

Greenwood Academies Trust Primary Menu

Monday Week 3	Tuesday Week 3	Wednesday Week 3	Thursday Week 3	Friday Week 3
Main Meal Choice				
Chicken Pie Creamed Potatoes Garden Peas Chicken Gravy	Minced Beef Lasagne Garlic Bread Mixed Salad	Roast Pork with Apple Sauce Roast Potatoes Sliced Green Beans Carrots Meat Gravy	Minced Beef in Homemade Chilli con Carne Sauce Steamed Rice	Breaded Fish Fillet Jacket Wedges Garden Peas
Vegetarian Choice				
(V) Cheese Onion Pasty Garden Peas Creamed Potatoes Vegetarian Gravy	(V) Vegetable Lasagne Garlic Bread Mixed Salad	(V) Quorn Sausages Roast Potatoes Sliced Green Beans Carrots Vegetarian Gravy	(V) Vegetarian Chilli Steamed Rice	(V) Quorn Dippers Jacket Wedges Garden Peas
All Meals are served with either a mixed salad or a selection of daily vegetables.				
Jacket Potato with Cheese (V)	Jacket Potato With Tuna Mayonnaise Or Baked Beans	Jacket Potato Chicken Mayonnaise	Jacket Potato Coleslaw or Baked Beans (V)	Jacket Potato Cheese (V)
A selection of sandwiches with various fillings is available daily. Please see separate sandwich menu for Allergen information.				
Dessert Choice		Dessert Choice		Dessert Choice
Summer Fruit Sponge & Custard	Cherry Cookie and Flavoured Milk	Ginger Cake with Orange Frosting	Eves Pudding & Custard	Fruit Trifle
A selection of Yoghurt, Fresh Fruit and Bread is available on a daily basis.				
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet. All menu items are subject to availability.				
Allergen Information				
If you have a question about the allergen content of any menu item, please ask a member of staff to show you the recipe (Recipe Reference e.g. R00062) or a Chef Recipe Card for that item.				

