Weekly Menu: Regular Menu Cycle 4 Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Main	Main	Main	Main	Main
Chicken Goujons, S & S Sauce, V Rice & Corn on Cob	Vegan Burger, Jacket Wedges, Baked Beans	Pork Sausage, Pots, Carrots, Green Beans & Gravy	Beef Lasagne with Garlic Bread & Mixed Salad	Brd. Fish Fillet Square Mash Pot, Peas & Corn
Vegetable Nuggets, S & S Sauce, V Rice & Corn on Cob	Cheese & Onion Whirls, Jacket Wedges, Baked Beans	Quorn Sausage, Pots, Carrots, Green Beans & Gravy	Vegetable Lasagne, Garlic Bread and Salad	Minced Quorn Pasty, Mashed Potato, Peas & Corn
Jacket Potato with Cheese and Side Salad	Jacket Potato with Baked Beans and Side Salad	Jacket Potato with Tuna Mayonnaise and Side Salad	Jacket Potato with Cheese and Side Salad	Jacket Potato with Cheese, Beans and Side Salad
Tuna Mayonnaise Sandwich with Side Salad	Egg Mayonnaise Sandwich with Side Salad	Cheese Sandwich & Side Salad	Plain Tuna Sandwich with Side Salad	Cheese Sandwich & Side Salad
Cheese Sandwich & Side Salad	Dairylea Sandwich with Side Salad	Chicken Sandwich with Side Salad	Dairylea Sandwich with Side Salad	Ham Sandwich & Side Salad
Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home
Dessert	Dessert	Dessert	Dessert	Dessert
Vanilla & Raspberry Ice Cream Roll	Fruit Jelly with Peaches	Banana Muffin	Jam Sponge with Custard	Choc Cornflake Cookie,
Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection
Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection
Cheese, Biscuits & Raisins	Cheese, Biscuits & Raisins	Cheese with Biscuits and Raisins	Cheese, Biscuits & Raisins	Cheese, Biscuits & Raisins
No Dessert, Thank you	No Dessert, Thank you	No Dessert, Thank you	No Dessert, Thank you	No Dessert, Thank you
Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home

Allergens

Chicken Goujons, S & S Sauce, V Rice & Corn on Cob: **Celery**; Vegetable Nuggets, S & S Sauce, V Rice & Corn on Cob: **Celery,Cereals containing gluten**; Jacket Potato with Cheese and Side Salad: **Milk** ; Tuna Mayonnaise Sandwich with Side Salad: **Cereals containing gluten,Eggs,Fish,Soya**; Cheese Sandwich & Side Salad: **Cereals containing gluten,Milk,Soya**; Packed Lunch From Home: **No**

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allergens; Vanilla & Raspberry Ice Cream Roll: **Cereals containing gluten,Eggs,Milk,Soya**; Yoghurt Selection: **Milk**; Cheese, Biscuits & Raisins: **Cereals containing gluten,Milk**; No Dessert, Thank you: **No allergens**; Vegan Burger, Jacket Wedges, Baked Beans: **Cereals containing gluten,Soya**; Cheese & Onion Whirls, Jacket Wedges, Baked Beans: **Cereals containing gluten,Lupin,Milk,Mustard,Soya**; Jacket Potato with Baked Beans and Side Salad: **No allergens**; Egg Mayonnaise Sandwich with Side Salad: **Cereals containing gluten,Eggs,Soya**; Dairylea Sandwich with Side Salad: **Cereals containing gluten,Milk,Soya**; Fruit Jelly with Peaches: **No allergens**; Fruit Selection: **No allergens**; Pork Sausage, Pots, Carrots, Green Beans & Gravy: **Cereals containing gluten,Soya,Sulphur Dioxide**; Quorn Sausage, Pots, Carrots, Green Beans & Gravy: **Cereals containing gluten**; Jacket Potato with Tuna Mayonnaise and Side Salad: **Eggs,Fish**; Chicken Sandwich with Side Salad: **Cereals containing gluten,Soya**; Banana Muffin: **Cereals containing gluten,Eggs,Soya**; Cheese with Biscuits and Raisins: **Cereals containing gluten,Milk**; Beef Lasagne with Garlic Bread & Mixed Salad: **Cereals containing gluten,Eggs,Milk,Mustard,Soya**; Vegetable Lasagne, Garlic Bread and Salad: **Cereals containing gluten,Eggs,Milk,Mustard,Soya**; Plain Tuna Sandwich with Side Salad: **Cereals containing gluten,Fish,Soya**; Jam Sponge with Custard: **Cereals containing gluten,Eggs,Milk,Soya,Sulphur Dioxide**; Brd. Fish Fillet Square Mash Pot, Peas & Corn: **Cereals containing gluten,Fish**; Minced Quorn Pasty, Mashed Potato, Peas & Corn: **Cereals containing gluten,Eggs,Lupin,Mustard,Soya**; Jacket Potato with Cheese, Beans and Side Salad: **Milk**; Ham Sandwich & Side Salad: **Cereals containing gluten,Soya**; Choc Cornflake Cookie,: **Cereals containing gluten,Soya**