Weekly Menu: Regular Menu Cycle 4 Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Main	Main	Main	Main	Main
Tomato & Basil Pasta, Garlic Bread and Mixed Salad	Mild Chicken Curry, 50/50 Rice, Naan & Garden Peas	R Beef, R Pots, Y/Pudd, Carrots, Broccoli, Gravy	Sausage, Bacon, Egg, Smiley Faces,Tomatoes & Beans	Bubble Fish with Mashed Potatoes & Green Beans
Macaroni Cheese, Garlic Bread, Mixed Salad	Mild Veg Curry, 50/50 Rice, 1/2 Naan, Garden Peas	R Quorn, R Pots, Y/Pudd, Carrots, Broccoli, Gravy	V Sausage, Egg, Smiley Faces, Tomatoes & Beans	Vegan Sausage Roll with Mash & Green Beans
Jacket Potato with Cheese and Side Salad	Jacket Potato with Baked Beans and Side Salad	Jacket Potato with Tuna Mayonnaise and Side Salad	Jacket Potato with Cheese and Side Salad	Jacket Potato with Cheese, Beans and Side Salad
Tuna Mayonnaise Sandwich with Side Salad	Dairylea Sandwich with Side Salad	Cheese Sandwich with Side Salad	Plain Tuna Sandwich with Side Salad	Ham Sandwich & Side Salad
Cheese Sandwich with Side Salad	Egg Mayonnaise Sandwich with Side Salad	Chicken Sandwich with Side Salad	Dairylea Sandwich with Side Salad	Cheese Sandwich with Side Salad
Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home
Dessert	Dessert	Dessert	Dessert	Dessert
Apple Muffins	Sticky Toffee Pudding with Custard	Frozen Yoghurt	Marble Sponge Pudding with Custard	Oat & Raisin Cookie
Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection
Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection	Yoghurt Selection
Cheese, Biscuits & Raisins	Cheese, Biscuits & Raisins	Cheese with Biscuits and Raisins	Cheese, Biscuits & Raisins	Cheese, Biscuits & Raisins
No Dessert, Thank you	No Dessert, Thank you	No Dessert, Thank you	No Dessert, Thank you	No Dessert, Thank you
Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home	Packed Lunch From Home

Allergens

Tomato & Basil Pasta, Garlic Bread and Mixed Salad: **Cereals containing gluten,Milk,Soya**; Macaroni Cheese, Garlic Bread, Mixed Salad: **Cereals containing gluten,Milk,Soya**; Jacket Potato with Cheese and Side Salad: **Milk**; Tuna Mayonnaise Sandwich with Side Salad: **Cereals containing gluten,Eggs,Fish,Soya**; Cheese Sandwich with Side Salad: **Cereals containing gluten,Milk,Soya**; Packed Lunch From Home: **No allergens**; Apple Muffins: **Cereals containing gluten,Eggs,Soya**; Yoghurt Selection: **Milk**; Cheese, Biscuits & Raisins: **Cereals containing gluten,Milk**; No Dessert,

Weekly Menu: Regular Menu Cycle 4 Week 3

Thank you: **No allergens**; Mild Chicken Curry, 50/50 Rice, Naan & Garden Peas: **Celery,Cereals containing gluten,Eggs,Milk,Mustard,Soya**; Mild Veg Curry, 50/50 Rice, 1/2 Naan, Garden Peas: **Celery,Cereals containing gluten,Eggs,Milk,Mustard**; Jacket Potato with Baked Beans and Side Salad: **No allergens**; Dairylea Sandwich with Side Salad: **Cereals containing gluten,Milk,Soya**; Egg Mayonnaise Sandwich with Side Salad: **Cereals containing gluten,Eggs,Soya**; Sticky Toffee Pudding with Custard: **Cereals containing gluten,Eggs,Milk,Soya**; Fruit Selection: **No allergens**; R Beef, R Pots, Y/Pudd, Carrots, Broccoli, Gravy: **Cereals containing gluten,Eggs,Milk**; R Quorn, R Pots, Y/Pudd, Carrots, Broccoli, Gravy: **Cereals containing gluten,Eggs,Milk**; Jacket Potato with Tuna Mayonnaise and Side Salad: **Eggs,Fish**; Chicken Sandwich with Side Salad: **Cereals containing gluten,Soya**; Frozen Yoghurt: **Milk**; Cheese with Biscuits and Raisins: **Cereals containing gluten,Milk**; Sausage, Bacon, Egg, Smiley Faces,Tomatoes & Beans: **Eggs**; V Sausage, Egg, Smiley Faces, Tomatoes & Beans: **Eggs**; Plain Tuna Sandwich with Side Salad: **Cereals containing gluten,Fish,Soya**; Marble Sponge Pudding with Custard: **Cereals containing gluten,Eggs,Milk,Soya**; Bubble Fish with Mashed Potatoes & Green Beans: **Fish**; Vegan Sausage Roll with Mash & Green Beans: **Cereals containing gluten,Sulphur Dioxide**; Jacket Potato with Cheese, Beans and Side Salad: **Milk**; Ham Sandwich & Side Salad: **Cereals containing gluten,Soya**; Oat & Raisin Cookie: **Cereals containing gluten,Soya**