

Greenwood Academies Trust Primary Menu

Monday Week 1	Tuesday Week 1	Wednesday Week 1	Thursday Week 1	Friday Week 1
Main Meal Choice				
Chicken in Whole-wheat Pasta With Tomato & Pesto Sauce Seasonal Vegetables Garlic Bread	Pork Meatballs in Tomato & Basil sauce Steamed Vegetable Rice Seasonal Vegetables	Roast Turkey with Stuffing, Roast Potatoes Seasonal Vegetables Turkey Gravy	Meat/Fish Pizza Selection Seasonal Vegetables	Cod Fish Fingers Jacket Wedges Seasonal Vegetables
Vegetarian Choice				
(V) Whole-wheat Pasta with Tomato & Pesto Sauce Seasonal Vegetables Garlic Bread	(V) Vegan Style Strips In Tomato & Basil Sauce Steamed Vegetable Rice Seasonal Vegetables	(V) Roast Quorn Fillet with Stuffing Roast Potatoes Seasonal Vegetables Vegetarian Gravy	(V) Vegetarian Pizza Selection Seasonal Vegetables	(V) Vegetable Fingers Jacket Wedges Seasonal Vegetables
All Meals are served with either a mixed salad or a selection of daily vegetables.				
Jacket Potato with Cheese (V)	Jacket Potato With Tuna Mayonnaise Or Baked Beans	Jacket Potato Chicken Mayonnaise	Jacket Potato Coleslaw or Baked Beans (V)	Jacket Potato Cheese (V)
A selection of sandwiches with various fillings is available daily. Please see separate sandwich menu for Allergen information.				
Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice
Marble Sponge & Custard	Caramel Tart with Cream	Apple Crumble & Custard	Strawberry Shortbread	Ice Cream Roll
A selection of Yoghurt, Fresh Fruit and Bread is available on a daily basis.				
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet. All menu items are subject to availability.				
Allergen Information				
If you have a question about the allergen content of any menu item, please ask a member of staff to show you the recipe (Recipe Reference e.g. R00062) or a Chef Recipe Card for that item.				

